



Moms



Please answer each question honestly:

1. Are you still mad at your ex?
2. Do you keep the kids from seeing their dad?
3. Do you blame him for ending the relationship?
4. Do you think their father hates his kids?
5. Do you want to get back at him for what he did to you?
6. Do you make your kids pick a side (they are either on your side or his side)?

If you answered yes to any of the 6 questions above then you may have a problem with your ex that needs to be addressed before things get worse.

7. Can your kids talk to you and be heard?
8. Can your kids talk about their dad in front of you?
9. If your ex lost his job would he still be able to see his children?
10. Does your ex do anything good or acceptable for his kids?

If you answered no to any of the 4 questions above then you have a problem with your ex that needs to be addressed before things escalate.

We all make mistakes but the good thing is they can be corrected. If your kids' father was a good dad during your relationship then give him a chance to be a dad now. I am not referring to any cases where there has been any abuse of any kind. I think those cases should be handled on a case by case bases by the professionals in the medical and/or legal fields.

If you want your children to have the brightest future possible then give them a chance to know, love and spend time with both parents.

Take the next step and read about ways to improve this. Don't stop until you have made a life that you and your kids can be proud of.

Kim B. Miller
Author

How To Love Your Kids More Than You Hate That Man
www.loveyourkidsmore.com

Copyright © 2007